

MOST VALUABLE PROMOTIONS' ROUSEY VS CARANO OPEN WORKOUTS

**THE HIGHLY ANTICIPATED GLOBAL LIVE SPORTS EVENT WILL STREAM
EXCLUSIVELY ON NETFLIX ON SATURDAY, MAY 16TH**

Photos [HERE](#) (Photo Credit: Sarah Stier / Getty Images for Netflix)

Additional Photos [HERE](#) (Photo Credit: Melina Pizano / Most Valuable Promotions)



Most Valuable Promotions' fight week kicked off today at Venice Beach in California with the official Open Workouts, where fans saw fighters showcase their final preparations ahead of Saturday's historic **ROUSEY VS CARANO** showdown. The event will stream live globally on all Netflix plans at no additional cost to subscribers on Saturday, May 16th at 6PM PT / 9 PM ET from Intuit Dome in Los Angeles.

Ronda Rousey, Gina Carano, Nate Diaz, Francis Ngannou, Mike Perry, Philippe Lins, Junior dos Santos, Salahdine Parnasse, Namo Fazil, Jake Babian, and Adriano Moraes each took the stage to showcase their skills ahead of Saturday's historic event.

UPCOMING FIGHT WEEK EVENTS:

- **FINAL PRESS CONFERENCE - Thursday, May 14**, MVP and Netflix will host the official final Press Conference for Rousey vs. Carano at Intuit Dome Outdoor Plaza starting at 9:00pm ET / 6:00pm PT. The press conference will feature the final war of words between Ronda Rousey, Gina Carano, Nate Diaz, Mike Perry, Francis Ngannou, and Philippe Lins, alongside all undercard fighters, and will stream live on [MVP's YouTube Channel](#) and [Netflix Sports' YouTube Channel](#).

- **OFFICIAL WEIGH-IN** - On **Friday, May 15**, MVP and Netflix will host the Rousey vs. Carano public weigh-in, featuring all fighters, streaming live from Intuit Dome Outdoor Plaza at 9:00pm ET / 6:00pm PT on [MVP's YouTube Channel](#) and [Netflix Sports' YouTube Channel](#).
- **FIGHT NIGHT** - On **Saturday, May 16**, Rousey vs. Carano streams live on Netflix from Intuit Dome in Los Angeles, California. The preliminary card begins at 6:00pm ET / 3:00pm PT on [MVP's YouTube Channel](#) and Netflix's [Tudum](#), with the main card starting at 9:00pm ET / 6:00pm PT, live only on Netflix.

COUNTDOWN: ROUSEY VS CARANO is [NOW STREAMING!](#)

- Hit training camp with MMA legends Ronda Rousey and Gina Carano before they return to the cage on May 16 for their must-see fight that's been years in the making. *Countdown: Rousey vs. Carano* is narrated by Uma Thurman and directed by Tim Mullen & Jackie Decker.

Visit the [official Netflix page](#) and click 'Remind Me' to ensure you're notified on Saturday, May 16th, when the action begins. For more information, follow on X via [@MostVPPromotions](#) and [@Netflix](#), on Instagram via [@MostValuablePromotions](#) and [@Netflix](#), or on Netflix's [Tudum](#).

About Most Valuable Promotions (MVP)

Most Valuable Promotions (MVP) was founded in August 2021 by Jake Paul and Nakisa Bidarian with a fighter first ethos. Since inception, MVP has produced 30 live boxing events and currently promotes nearly 60 fighters, 16 world champions, and 26 top contenders.

MVP has led boxing's evolution in the streaming era through partnerships with the world's leading platforms. In November 2024, MVP's Jake Paul vs. Mike Tyson and Katie Taylor vs. Amanda Serrano 2 was the first-ever live professional sports event streamed on Netflix. Paul vs. Tyson shattered records, becoming the most-streamed sporting event of all time with 125 million live viewers worldwide. MVP went on to partner with Netflix twice in 2025 for MVP's Taylor vs. Serrano 3 and Jake vs. Joshua: Judgment Day.

Today, MVP is the global home of women's boxing. MVP's Katie Taylor vs. Amanda Serrano in 2022 was the first female fight to headline Madison Square Garden, while Taylor vs. Serrano 2 in 2024 saw 74 million viewers globally on Netflix and became the most-watched professional women's sports event in US history with 47 million AMA in the US. Their 2025 trilogy on Netflix topped an all-women's megacard that set the official GUINNESS WORLD RECORDS™ title for the most world championship belts ever contested on a single fight card, male or female, with 17 world titles, earning nearly 6 million viewers globally.

About Netflix

Netflix is one of the world's leading entertainment services offering TV series, films, games and live programming across a wide variety of genres and languages. Members can play, pause and resume watching as much as they want, anytime, anywhere, and can change their plans at any time.

About Intuit Dome

Intuit Dome, the home of the LA Clippers officially opened on August 15, 2024. In its first year, Intuit Dome has hosted over 100 live events and Clippers games and welcomed over one million fans. Located in Inglewood, Calif., Intuit Dome is built different and redefines fans' expectations for live experiences. To sign up to receive all Intuit Dome press releases and updates, email intuitdomepr@intuitdome.com and follow @[IntuitDomePR](https://twitter.com/IntuitDomePR).

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